

OUR ADMINISTRATIVE STAFF

Larry Cottle, Administrator
April Bauer, Director of Nursing
Natasha Zeigler, Assistant Director of Nursing
Connie Faust, Admissions / Marketing
Jessica Sullivan, Social Services
Heather Carroll, Business Office Manager
Melanie Grove, Activity Director
Stacy DeShong, RNAC
Brittany Dick, LPN Assessment Coordinator
Tabetha Bise, Human Resources
Mandy Rutman, Medicaid Specialist
Jennifer Hefferman, Food Service Manager
Craig Myers, Environmental Services
Becky Palmer, Rehab Director



National Skilled Nursing Week

We are thrilled to share that “Cultivating Kindness” is the theme for this year’s National Skilled Nursing Week, May 14th - 20th. Every day we witness acts of kindness that go above and beyond the call of duty. This theme has been chosen to capture these acts of kindness, that can be transformative for staff and the residents they care for. Kindness is contagious so let’s continue cultivating and spreading it to improve lives.

We are extremely proud of ALL of our staff, from dietary, housekeeping, and laundry to our frontline caregivers and Licensed Staff, who worked tirelessly every day to care for our residents.

We will be hosting special events through the week to share our appreciation to our staff.



Sunday, May 14th

HAPPY
MOTHER'S DAY

To those Past, Present & Future

Community
YARD
SALE

Saturday, May 6th

7 a.m. – 2 p.m.



Please see receptionist today to
reserve your spot

(tables not provided)

Food Stand & Bake Sale
will be available

\$15

ALL PROCEEDS TO BENEFIT RESIDENT ACTIVITIES

If you are not interested in participating, but have good, used items to donate, we will be accepting donations beginning April 26th, please call Mel or Connie to make arrangements. We are also looking for donated baked goods for this event. Thank you in advance for your support.

SUMMER CANDLE SALE



\$12.50 each
(while supplies last)

All proceeds to benefit Resident Christmas Wish Book



We would like to share our appreciation to everyone who purchased a Sandwich during our recent fundraiser for our raised Flower Bed. A huge shout out to Spring Mills Diner for their very generous donation of all of the supplies to make the sandwiches, and to all of our staff who helped to assemble and sell. Because of your generosity, we were able to purchase our first raised flower bed, for the back patio, hand crafted by Justin Myers.

Free C.N.A. TRAINING

START A CAREER AS A CERTIFIED NURSING ASSISTANT



If you consider yourself kind, compassionate and caring toward Seniors and you are looking for a rewarding career

COME JOIN OUR TEAM.

Immediate positions available for "Helping Hand" staff, until Nursing Assistant class begins. Once course is successfully completed you will be a Certified Nursing Assistant, with a substantial increase in hourly rate.

CLASS STARTS
JUNE 5TH

CALL TODAY

717-530-8300

Shippensburg Rehabilitation
& Health Care Center
121 Walnut Bottom Road
Shippensburg, PA 17257

Activity Highlights for May

Mother's Day Tea

Friday, May 12th at 2 p.m.

Monthly Birthday Celebration

Friday, May 19th at 2 p.m.

Resident Council Meeting

Wednesday, May 24th at 2 p.m.

Dine In from

Pizza n' Stuff

Wednesday, May 24th at 4:30 p.m.

Memorial Day Celebration

Friday, May 26th at 2 p.m.



WHAT ARE CARE PLAN MEETINGS & WHY YOU SHOULD ATTEND

The nursing home staff will get your health information and review your health condition to prepare your care plan. You (if you're able), your family (with your permission), or someone acting on your behalf has the right to take part in planning your care with the nursing home staff.

Facility participants should include: Assessment Coordinator, Social Services, Nursing, Activities, Dietary and Therapy. An initial meeting will be held upon admission to complete introductions / roles of participants and to review your expectations and goals during admission.

The basic care plan includes:

A health assessment (a review of your health condition) begins on the day you're admitted. A health assessment is completed at least every 90 days after your first review, and possibly more often if your medical status changes.

Ongoing, regular assessments of your condition is completed, to see if your health status has changed, and updates are made to your care plan as needed.

Care plan meetings are scheduled throughout the day, and should last approximately 15–20-minutes.

Depending on your needs, your care plan may include:

What kind of personal or health care services you need

What type of staff should give you these services

How often you need the services

What kind of equipment or supplies you need
(like a wheelchair or feeding tube)

What kind of diet you need (if you need a special one) and your food preferences

How your care plan will help you reach your goals

Your activity interest and what our facility offers or can provide

Information on whether you plan on returning to the community and, if so, a plan to help you meet that goal.

*Friendly
Reminders*

**RESIDENT'S
SAFETY IS A
PRIORITY!**

All residents have specific diet orders, please do not provide food or fluids to anyone without checking with our nursing staff first.

Residents who do go outdoors independently, are required to check out with the nursing staff, inform the receptionist that they are going outdoors. If they remain at the front entrance, the receptionist will check on them periodically to ensure that they are safe, not sitting directly in the sun without sunscreen and remind them of meal times as needed.

Sunscreen is available at each nurse's station and should be applied by the staff prior to the resident leaving each floor.

Residents are encouraged not to be in the parking lot, and / or near the main entrance by the road. If you observe this, please inform staff.

Residents have limited space in their rooms, please be mindful when bringing items in to the facility, items cannot be stored on the floor.

No extension cords or power strips are permitted, per the Department of Life Safety.

Not all residents may leave the floors without staff assistance. Please be cautious of allowing others to enter when you are using the elevators.

Residents who have a physician's order for a wander guard will trigger the alarm for the front entrance when they exit the elevator on the first floor. In order for them to exit the building the alarm must be silenced by a staff member. Please DO NOT push on the front door to exit the building when the alarm is sounding. This warrants maintenance to re-align the doors, and for the wander guard system to be ineffective for our residents.

YOUR INPUT IS IMPORTANT

Patience • Kind • Caring • Dedicated • Compassionate • Understanding • Through

April B., Marsha B., Renata C., Wendy C., Stacey D.,
 Tanna F., Lavan H., Sharon H., Conny K., Cherie S.,
 Jennifer S., Karen S., Natasha Z., Amy B., Kathy B.,
 Sarah C., Brittany D., Rebecca E., Christine E.,
 Wanda F., Cayla G., Cynthia N., Shelly P., Georgia R.,
 Jimmeshia R., Heidi R., Cassandra S., Danielle S., Sherri W.

Nurses Day

SATURDAY, MAY 6TH

Names to Faces



Conny Kriner, R.N.



PROUD OF OUR STAFF FOR THEIR
PERFECT ATTENDANCE
 FOR THE FIRST QUARTER OF 2023

the good news!

ONCE OUR CUMBERLAND COUNTY POSITIVITY RATE REMAINS LOW FOR TWO WEEKS WE CAN BECOME

MASK FREE

Everyone's compliance benefits everyone! &

THE THIRD FLOOR CALL BELL SYSTEM HAS BEEN REPAIRED!

Connie Faust, April Bauer, Tanna Falvey, Sharon Hockenberry, Conny Kriner, Natasha Zeigler, Kathy Burkett, Sarah Creek, Brittnay Dick, Christy Evans, Cindy Norton, Shelly Porter, Georgia Rinaldi, Jimmeshia Roman, Heidi Romberger, Cassie Smith, Danielle Swartz, Melinda Benner, Holly Demler, Isabell Ecenrode, Emily Faust, Emy Flagle, Abbigail Gilbert, Gracie Lemmon, Marilyn Ruth, Allison Stouffer, Hailey Stull, Patricia White, Ninlapat Wortz, Mandy Rutman, Katie Foster, Angie Sipes, Laurie Rudisill, Kwesi Parry, Haley Rauber, Mickie Lindsey, Craig Myers, Ginger Dupert, Nancy Martin, Susie Miller, Anna Musgrave and Kathy Chamberlin.

Each employee listed will receive a \$25 Gift Card, all names were entered into a drawing for \$100 – Winner was Emily Faust

SHINING STAR

April 2023 – Ginger Dupert
 As a reminder, bulletin boards are available on each floor for you to share a note of appreciation to a staff member, everyone who receives a star is then entered into a drawing each month for a \$25 gift card.

