

OUR ADMINISTRATIVE STAFF

Larry Cottle, Administrator
April Bauer, Director of Nursing
Natasha Zeigler, Assistant Director of Nursing
Connie Faust, Admissions / Marketing
Jessica Sullivan, Social Services
Heather Carroll, Business Office Manager
Melanie Grove, Activity Director
Stacy DeShong, RNAC
Brittany Dick, LPN Assessment Coordinator
Tabetha Bise, Human Resources
Mandy Rutman, Transportation & Medical Records
Jennifer Hefferman, Food Service Manager
Craig Myers, Environmental Services
Becky Palmer, Rehab Director

May your
pockets be
HEAVY
and your
heart
be light.
May good
luck
pursue you each
morning and night...



**HAM OR TURKEY SANDWICH
ON PRETZEL ROLL
WITH OR WITHOUT CHEESE**

Orders can be placed with the receptionist now thru
Monday, March 20th

Pick up will be Friday, March 24th
9 a.m. – 5 p.m.

All orders must be paid for with cash,
prior to, or when picked up.

ALL PROCEEDS TO BENEFIT THE PURCHASE OF
OUTDOOR RAISED GARDENS

*Thank you in advance for your
support!*

Community
**YARD
SALE**

VENDORS NEEDED

- ↓ BAKE SALE
- ↓ ENTERTAINMENT
- ↓ FOOD TRUCK

7A – 2P

We are considering hosting a yard sale **Saturday, May 6th**
and are trying to get an idea of the interest people may have. We
would use our parking spaces and rent each for \$10., everyone
would provide their own table. We will have a form when you
visit, just to note if you would like more information.

VOLUNTEERS NEEDED

We are excited for our new programs and would like to continue to add new Volunteers and Special Entertainment to our Calendars.

If you or someone you know belongs to a group or club who may be interested in learning more about Volunteer opportunities, please contact Melanie Grove.

MARCH HIGHLIGHTS

10th Taco Bar

17th St. Patrick's Day Celebration

21st Dine in from Diffy's Restaurant

Please review the Calendar of Events, posted in each dining room and on our website at Shippensburg Rehab & Health Care Center.

DONATIONS NEEDED

We are looking for donations of movies on DVD. Each week we offer 2 movies on Channel 55, so any adult appropriate movies would be appreciated.

DVD's can be dropped off to the receptionist.

Thank you for your consideration.



Dr. Balhara



Dr. Wellmon

Dr. Yogindra Balhara, Certified Medical Director, and Internal Medicine specialist in Chambersburg, Pennsylvania. Dr. Balhara attended and graduated from medical school in 1970, having over 50 years of diverse experience specializing in Internal

Medicine.

He is a member of the Medical Director Association, and a Chair Member of the Chambersburg Hospital Internal Medicine. He currently has two office locations, in Fayetteville and Chambersburg. He is affiliated with both Chambersburg and Waynesboro Hospital.

Dr. Baxter Wellmon II, DO is a family medicine specialist in Shippensburg, PA and has been practicing for 24 years. He graduated from Philadelphia College of Osteopathic Medicine in 1996 and specializes in family medicine and osteopathic manipulative therapy.

thank
YOU

SHINING STAR

February 2023 – Ashley Hont, Dietary

As a reminder, bulletin boards are available on each floor for you to share a note of appreciation to a staff member, everyone who receives a starr is then entered into a drawing for a \$25 gift card.



Jessica Sullivan, S.W.



Plant donations being accepted