

Shippensburg Rehab & Health Care Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3rd Floor</p>  <p>2023</p>	<p>1</p> <p>9:30 Morning Stretch</p> <p>10:00 All about Birds & Blooms</p> <p>2:00 Bingo</p> <p>3:30 Table Games & Puzzles</p> <p>Theme of the week: Birds & Bloom</p>	<p>2</p> <p>9:30 Nerf Gun Fun</p> <p>10:00 Word Games</p> <p>2:00 Craft Corner Wooden Peeps</p> <p>3:30 Home Chores</p> <p>4:00 Now Showing "Brigadoon" Channel 55</p>	<p>3</p> <p>9:30 Coffee Chat & Current Events/W Ch. Chip Cookies</p> <p>10:00 Water Color Painting</p> <p>2:00 Bird Seed Wreath</p> <p>3:30 Movie & Manicures</p>	<p>4</p> <p>9:30 Bible Study</p> <p>10:00 Sing a Long w/Elder song</p> <p>2:00 CANDY BAR Bingo</p> <p>3:30 Parachute</p> <p>6:00 Rhythm Band</p> <p>4:00 Now Showing "Robin Hood" Channel 55</p>	<p>5</p> <p>9:30 Bean Bag Toss</p> <p>10:00 Reminisce</p> <p>2:00 Happy Hour White Choc. Puffed Corn & Drinks</p> <p>3:30 What's in the Bag</p>	<p>6</p> <p>9:30 Chair Exercise</p> <p>10:00 Balloon Toss</p> <p>10:30 Spell That Word</p> <p>2:00 Shake a Beat</p> <p>3:30 Remember When</p>
<p>7</p> <p>9:30 Categories</p> <p>10:30 Word Games</p> <p>2:00 Devotions & Sing a Long</p> <p>3:30 Balloon Paddle</p> <p>4:00 Hymn Sing Channel 55</p> <p>Theme of the Week: Mother's Day</p>	<p>8</p> <p>9:30 Morning Stretch</p> <p>10:00 Kick Ball</p> <p>2:00 Bingo</p> <p>3:30 Table Games & Puzzles</p>	<p>9</p> <p>9:30 Nerf Gun Fun</p> <p>10:00 Word Games</p> <p>1:30 The Lord's Lighthouse</p> <p>3:30 Home Chores</p> <p>4:00 Now Showing "Legally Blonde" Channel 55</p> <p>Country Drive</p> <p>2:00</p>	<p>10</p> <p>9:30 Coffee Chat & Current Events w/ Doughnuts</p> <p>10:00 Water Color Painting</p> <p>2:00 Kitchen Corner</p> <p>Patriotic wafers</p> <p>3:30 Movie & Manicures</p>	<p>11</p> <p>9:30 Bible Study</p> <p>10:00 Sing a Long w/Elder song</p> <p>2:00 CANDY BAR Bingo</p> <p>3:30 Parachute</p> <p>6:00 Rhythm Band</p> <p>4:00 Now Showing "As Good as it Gets" Channel 55</p>	<p>12</p> <p>9:30 Karaoke</p> <p>10:00 Reminisce</p> <p>2:00 Mother's Day Celebration</p> <p>3:30 What's in the Bag</p>	<p>13</p> <p>9:30 Chair Exercise</p> <p>10:00 Balloon Toss</p> <p>10:30 Name that </p> <p>2:00 Music Bingo</p> <p>3:30 Remember When</p>
<p>14</p> <p>9:30 Categories</p> <p>10:30 Word Games</p> <p>2:00 Devotions & Sing a Long</p> <p>3:30 Balloon Paddle</p> <p>4:00 Hymn Sing Channel 55</p> <p>Theme of the Week: Nursing Home Week</p>	<p>15</p> <p>9:30 Morning Stretch</p> <p>10:00 Balloon Toss</p> <p>2:00 Bingo</p> <p>3:30 Color My world</p>	<p>16</p> <p>9:30 Kick Ball</p> <p>10:00 Poetry/Ideals</p> <p>2:00  Club Activities Room</p> <p>3:30 Home Chores</p> <p>4:00 Now Showing "Broken Trail" Channel 55</p>	<p>17</p> <p>9:30 Coffee Chat & Current Events w/Muffins</p> <p>10:00 Bulletin Board</p> <p>2:00 Craft Corner Nursing Home Special Thank You</p> <p>3:30 Remember When</p>	<p>18</p> <p>9:30 Bible Study</p> <p>10:00 Sing a Long w/ Elder Song</p> <p>2:00 CANDY BAR Bingo</p> <p>3:30 Parachute</p> <p>6:00 Rhythm Band</p> <p>4:00 Now Showing "Driving Miss Daisy" Channel 55</p>	<p>19</p> <p>9:30 Bean Bag Toss</p> <p>10:30 Reminisce</p> <p>2:00 Monthly Birthday Celebration</p> <p>3:30 I Hear Memories</p>	<p>20</p> <p>9:30 Chair Exercise</p> <p>10:00 Balloon Toss</p> <p>10:30 Spell That Word</p> <p>2:00 Shake a Beat</p> <p>3:30 Remember When</p>

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<p>21</p> <p>9:30 Categories 10:30 Word Games 2:00 Devotions & Sing a Long 3:30 Balloon Paddle</p> <p>4:00 Hymn Sing Channel 55</p> <p><i>Theme of the Week: Memorial Day</i></p>	<p>22</p> <p>9:30 Morning Stretch 10:00 All About The Celebration of Memorial Day</p> <p><i>2:00 Bingo</i></p> <p>3:30 Table Games & Puzzles</p>	<p>23</p> <p>9:30 Water Color <i>10:30 Special Music Singing with Andrea</i> <i>2:00 Kitchen Corner</i> <i>Flag Fruit Pizza</i> 3:30 Home Chores 4:00 Now Showing "Grease" Channel 55</p>	<p>24</p> <p>9:30 Coffee Chat & Current Events w/Cherry Cobbler 10:00 Kick Ball <i>2:00 Craft Corner</i> <i>Star Wreath</i> 3:30 Name that Tune <i>Dine In Pizza N Stuff</i> <i>4:30</i></p>	<p>25</p> <p>9:30 Bible Study 10:00 Sing a Long w/ Elder Song <i>2:00 CANDY BAR Bingo</i> 3:30 Word Games 6:00 Rhythm Band 6:30 Good Old Days 4:00 Now Showing "Hairspray" Channel 55</p>	<p>26</p> <p>9:30 Poetry /Ideals 10:00 Make a Word <i>2:00 Memorial Day Celebration!</i> <i>Made to order Hot Fudge Sundaes</i></p> <p>3:30 What's in the Bag</p>	<p>27</p> <p>9:30 Chair Exercise 10:00 Balloon Toss 10:30 Name that  <i>2:00 Music Bingo</i></p> <p>3:30 Remember When</p>
<p>28</p> <p>9:30 Categories 10:30 Word Games 2:00 Devotions & Sing a Long 3:30 Balloon Paddle</p> <p>4:00 Hymn Sing Channel 55</p> <p><i>Theme of the Week: Fun in the Sun</i></p>	<p>29</p> <p>9:30 Morning Stretch 10:00 Shake a Beat</p> <p><i>2:00 Bingo</i></p> <p>3:30 Table Games & Puzzles</p>	<p>30</p> <p>9:30 Karaoke 10:00 Word Game</p> <p><i>2:00  Club (Outside Weather Permitting)</i></p> <p>3:30 Home Chores 4:00 Now Showing "Over the Hedge" Channel 55</p>	<p>31</p> <p>9:30 Coffee Chat & Current Events w/Doughnuts 10:00 Trivia <i>2:00 Craft Corner</i> <i>Wooden Bumble Bees</i> 3:30 Music & Manicures</p>	<p>May has finally arrived. We have so many exciting activities this month. This month we are celebrating Mother's Day with a Mother's Day Celebration. We are celebrating Nursing Home Week also this month. And last but no least is Memorial Day. Dine in will be sign up only. We will be having a Country Drive and a Hot Fudge Sundae bar to end the month. Weather permitting, I would like to start taking residents outside for fresh air & sunshine. Remember if you do go outside protect yourself from the sun. Sunblock is available at each Nurse's station.</p> <p>Calendar Subject to Change</p>		