

# Shippensburg Rehabilitation and Health Care Center Third Floor Programming

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30 Categories 10:30 Trivia 2:00 Devotions & Sing a Long 3:00 Balloon Paddle 4:20 Hymn Sing Channel 55	<b>2</b> 9:30 Exercise Class 10:00 Farm Animal Trivia 2:00  3:30 Parachute 6:00 Table Games 6:30 Reminisce	<b>3</b> 9:30 Devotions 10:00 Home Chores 10:30 Word Games 2:00 Kitchen Hour Ice Cream Sundaes 3:30 Craft Corner Animal Collages 3:50 Now Showing Charlotte's Web Channel 55	<b>4</b> 9:30 Coffee & Chat Blueberry Muffins 10:00 Bulletin Board Trivia 2:00 Balloon Volleyball 3:30 Name that Tune 6:00 Music Bingo	<b>5</b> 9:30 Bible Study 10:00 Sing a Long 10:30 Bible Trivia 2:00 <i>Give me Chocolate!</i> BINGO 3:30 Word Games 3:50 Now Showing Dr. Doolittle Channel 55 6:00 Floor Games 7:00 Short Stories	<b>6</b> 9:30 Coffee Social 10:00 Make a Word 10:30 Reminisce 2:00 Happy Hour Little Smokies 3:30 Down on the Farm Jingo	<b>7</b> 9:30 Chair Exercise 10:00 Balloon Volleyball 10:30 Short Stories & Poems 2:00 Movie & Manicures 3:30 Trivia
<i>Theme of the Week: Farm Show</i>						
<b>8</b> 9:30 Categories 10:30 Trivia 2:00 Devotions & Sing a Long 3:00 Balloon Paddle 4:20 Hymn Sing Channel 55	<b>9</b> 9:30 Exercise Class 10:00 Elvis Songs 10:30 Ideals 2:00  3:30 Parachute 6:00 Table Games 6:30 Reminisce	<b>10</b> 9:30 Devotions 10:00 Home Chores 10:30 Word Games 2:00 Kitchen Hour Fried Potatoes & Onions 3:30 Craft Corner Creative Coloring 3:50 Now Showing Fun in Alcapuco Channel 55	<b>11</b> 9:30 Coffee & Chat Cinnamon Streusel 10:00 Name that ★ 2:00 Balloon Volleyball 3:30 Sing a Long with Elder Song 6:00 Music Bingo	<b>12</b> 9:30 Bible Study 10:00 Sing a Long 10:30 Bible Trivia 2:00 <i>Give me Chocolate!</i> BINGO 3:30 Word Games 3:50 Now Showing Roust About Channel 55 6:00 Floor Games 7:00 Short Stories	<b>13</b> 9:30 Coffee Social 10:00 Make a Word 10:30 Reminisce 2:00 Monthly Birthday Party 3:30 Table Games	<b>14</b> 9:30 Chair Exercise 10:00 Balloon Volleyball 10:30 Short Stories And Poems 2:00 Shake a Beat 3:30 Trivia
<b>15</b> 9:30 Categories 10:30 Trivia 2:00 Devotions & Sing a Long 3:00 Balloon Paddle 4:20 Hymn Sing Channel 55	<b>16</b> 9:30 Exercise Class 10:00 All About What to do in the Snow 10:30 Ideals 2:00  3:30 Parachute 6:00 Table Games 6:30 Reminisce	<b>17</b> 9:30 Devotions 10:00 Home Chores 10:30 Word Games 2:00 Kitchen Hour Snowmen Cupcakes 3:30 Craft Corner Snow flakes 3:50 Now Showing Snow Dogs Channel 55	<b>18</b> 9:30 Coffee & Chat Banana Bread 10:00 Bulletin Board Trivia 2:00 Balloon Volleyball 3:30 Name that Tune 6:00 Music Bingo	<b>19</b> 9:30 Bible Study 10:00 Sing a Long 10:30 Bible Trivia 2:00 <i>Give me Chocolate!</i> BINGO 3:30 Word Games 3:50 Now Showing Jack Frost Channel 55 6:00 Floor Games 7:00 Short Stories	<b>20</b> 9:30 Coffee Social 10:00 Make a Word 10:30 Reminisce 2:00 Bowling 3:30 All About Classic Hollywood Stars	<b>21</b> 9:30 Chair Exercise 10:00 Balloon Volleyball 10:30 Short Stories & Poems 2:00 Movie and Manicures 3:30 Trivia
<i>Theme of the Week: Snow</i>						
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>

<p>9:30 Categories 10:30 Trivia 2:00 Devotions &amp; Sing a Long 3:00 Balloon Paddle 4:20 Hymn Sing Channel 55</p> <p><i>Theme of the Week: Dolly Parton</i></p>	<p>9:30 Exercise Class 10:00 All About Country Legend Dolly Parton 10:30 Ideals 2:00 <b>BINGO</b> 3:30 Parachute 6:00 Table Games 6:30 Reminisce</p>	<p>9:30 Devotions 10:00 Home Chores 10:30 Word Games 2:00 Kitchen Hour Bacon / Lettuce &amp; Tomato Sandwich 3:30 Bowling 3:50 Now Showing Coat of Many Colors Channel 55</p>	<p>9:30 Coffee &amp; Chat Peanut Butter Cookies 10:00 Bulletin Board Trivia 2:00 Balloon Volleyball 3:30 Name that Tune 6:00 Music Bingo</p>	<p>9:30 Bible Study 10:00 Sing a Long 10:30 Bible Trivia 2:00 <i>Give me Chocolate!</i> <b>BINGO</b> 3:30 Word Games 3:50 Now Showing Nine to Five Channel 55 6:00 Floor Games 7:00 Short Stories</p>	<p>9:30 Coffee Social 10:00 Make a Word 10:30 Reminisce 2:00 Happy Hour Bundt Bread Pizza 3:30 Table Games</p> <p><b>NATIONAL ACTIVITY PROFESSIONAL'S DAY</b></p> 	<p>9:30 Chair Exercise 10:00 Balloon Volleyball 10:30 Short Stories &amp; Poems 2:00 Shake a Beat 3:30 Trivia</p>
<p><b>29</b> 9:30 Categories 10:30 Trivia 2:00 Devotions &amp; Sing a Long 3:00 Balloon Paddle 4:20 Hymn Sing Channel 55</p> <p><i>Theme of the Week: February</i></p>	<p><b>30</b> 9:30 Exercise Class 10:00 All About February 10:30 Ideals 2:00 <b>BINGO</b> 3:30 Table Games 6:00 Parachute 6:30 Reminisce</p>	<p><b>31</b> 9:30 Devotions 10:00 Home Chores 10:30 Word Games 2:00 Kitchen Hour Mini Cheesecakes 3:30 Craft Corner Water Painting 3:50 Now Showing The Notebook Channel 55</p>				

Calendar Subject to Change

We will no longer be required to provide vaccinated and unvaccinated Programs, we do ask for your cooperation in social distancing while attending programs.

Sign up sheets will be available for the Dinner Dine In.  
Dine in from Green Village Diner k- Thursday, January 19<sup>th</sup>

